EVANEWS 119

March 2019

This EVANEWS is being sent early due to staff annual leave in March.

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EVA Training | February – June 2019

EVA offers a targeted programme of training, workshops and events for trustees, staff and volunteers in voluntary and community organisations.

Our training aims to support your organisation to become sustainable so you can meet future challenges and deliver services to residents in the London Borough of Enfield with confidence.

Click on the links provided for more information and to book.

Increase your chances of fundraising success.

Evidence of Need | 12th March 2019, 9.45am – 1pm | £15* | A good grant application starts with identifying the need for the project. You will only be able to make a strong case for funding your project when you have established there is

a need for it.

Monitoring & Evaluation | 14th May 2019, 10am – 1pm | £15* | Strong monitoring and evaluation has many benefits including the opportunity to learn from previous work to help you develop future projects, and providing all the information you need to record & report the difference you have made.

Project Planning | 23rd May 2019, 9.45am – 1pm | £15* | It is important to create a strong project plan to ensure your project is well run. This training will advise you on tools available and the key ingredients for project planning.

Reporting Impact Using Visual Tools | 11th June 2019, 9.45am – 1pm | £20 refundable deposit | Being able to report on the impact of your work is essential for fundraising. You can communicate complex data in a visual way. This training looks at using readily available 'infographic' tools to illustrate the difference you have made. Run by Partnership for Young London. Your group does not have to work with children or young people to benefit from this training.

Financial Management

Budgets & Costs | 6th March 2019, 9.45am - 3pm | £25* | The training will assume you have little knowledge of accounting and budgeting and will cover techniques required for effective budgeting and costing for your organisation.

Financial Reporting | 1st May 2019, 9.45am – 1.15pm | £15* | Reporting on management accounts and monitoring of budgets is a necessary function to ensure that Trustees and funders can assess that spending is appropriate against organisational income.

Volunteer Management

Enfield Volunteer Organisers Network (EVON) | 20th March 2019 & 18th June 2019 | FREE* | EVON is a FREE quarterly informal meeting for any staff or volunteers who are responsible for volunteers, or for their organisation's volunteer programme.

Online booking.

1. The full training programme, course descriptions and online booking forms are on EVA's website, or
2. Click on the title of the course above to take you to the specific course description and booking form.

If you have any difficulty using the online booking system, please call 020 8373 6268 or email admin@enfieldva.org.uk

Cost & How to Pay

* Prices shown are for organisations providing 80% or more of their services to Enfield residents – (other organisations - please see booking forms for prices).

You can pay online directly from your account to EVA's account. See here for more information. Bookings will be confirmed when payment is received. You can also still pay using a cheque.

Refundable deposits, where required, will be refunded on attendance at the training.

Terms and Conditions

EVA Training Terms and Conditions are available on every training page and you will be asked to confirm that you have read and understood them when you book.

Bespoke Training

EVA can offer bespoke training for your organisation by arrangement.
Contact Jenny Budden | admin@enfieldva.org.uk or 020 8373 6268 to discuss your organisation's training needs.

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Big Lottery Fund Reaching Communities Funding Surgeries

Sophie Mathias, Big Lottery Fund Grants Officer, and Kishore Kanani, EVA Project Development & Funding Advice Officer, offer 1 hour one-to-one appointments for groups who would like to apply to the Reaching Communities programme. Sophie will discuss and review your Reaching Communities idea with you before you submit it.

Email Kishore k.kanani@enfieldva.org.uk or call him 020 8373 6357 with your outline idea

if you would like to arrange an appointment on

Tuesday 9th April

Tuesday 7th May

Thursday 13th June

Tuesday 6th August

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EVA Project – Discover & Share

EVA's project Discover & Share has been used as a case study to illustrate potential innovative responses to Children Centre cuts, & is highlighted on the London Plus website

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Health and Wellbeing Events, Training & News

EVA Health & Wellbeing Network Event | 28th February

All groups are invited to EVA's Health & Wellbeing Network Event | 9.45am – 2pm at Community House.

Refreshments & light lunch provided. Book online.

Social Prescribing | How can your group get involved?

Social Prescribing enables GPs & other healthcare professionals to refer people to appropriate activities which may support their health, wellbeing or recovery. These could include arts, sports, therapeutic, social activities etc. Find out more about how your group could be part of an Enfield scheme. (More about Social Prescribing below)

Share, Network & Learn

Bring information about your group's activities to share (flyers, leaflets etc.), meet others who are working in similar or related fields, & discover ways you can work together or make referrals.

Cancer, Stroke & Diabetes Awareness

Hear about ways to help your service users to reduce risk, how to spot early signs, and the local advocacy, support & care available for those who are living with these conditions.

Cycle Enfield

Find out how Cycle Enfield supports people to take up cycling & plans for safe, secure cycle routes, transforming Enfield's streets & town centres.

Smoothie Making Bikes

Try out Enfield's Smoothie Making Bikes. You will be able to create your own smoothie with fruit supplied by The Felix Project! Find out how you could bring this fun, innovative activity to your group.

Enfield Cancer Awareness Survey

Please take a few moments to complete this Cancer Awareness survey. The survey will take around 5 to 10 minutes to complete. The purpose of the survey is to discover how best to inform residents about the symptoms to look out for and how to reduce the risk of cancer.

The closing date is 11th March 2019.

FREE | Falls Prevention Training in Enfield

9.15 am – 12.30 pm on 15th March, 24th April 2019, 14th June 2019 at the Dugdale Centre. (Choose 1 date - content is the same at all.)

This training (opens Word .docx) covers risk factors & assessment for falls and frailty; how to access Enfield Falls Services; exercise and self- care; & you will receive a resource pack with handy tips, guides and useful contacts; and this year's training also includes a short session on infection control by Enfield Public health. Funded by Enfield CEPN (Community Education Provider Network) & delivered by Age UK London and Age UK Enfield.

To book | email Sharon Tynan stynan@ageuklondon.org.uk with your requested date and she will send a booking form.

What does 'Social Prescribing' mean to you?

The term 'Social Prescribing' is usually used to describe an activity which enables GPs & other healthcare professionals to refer people to appropriate activities which may support their health, wellbeing or recovery.

Voluntary Action Rotherham (VAR) has been running a nationally renowned Social Prescribing Service since 2012, with the support of local GPs, and uses voluntary & community sector VCS Advisors in multi-disciplinary teams alongside GPs, Community Nurses, Social Workers and Community Mental Health teams to address the combined clinical, social care and wider social needs of eligible people. "The main aim of social prescribing is to help people become more resilient and able to self-care. People referred to the service are more likely to continue living at home independently and also become less dependent on statutory health and social care services." (VAR website)

Does the term 'Social Prescribing' communicate what is intended? Sirinda Bhandal from Simply Connect argues in her blog Shall we just stop calling it social prescribing? that it is a misleading term and that "Social is just one possible outcome of social prescribing. If you are living with domestic abuse, you may need legal advice, practical and emotional support."

> We will be talking about Social Prescribing at EVA's Health & Wellbeing Network Event next Thursday 28th February. Book now if you want to find out more and contribute to the discussion.

Universal Personalised Care | Implementing the Comprehensive Model

This NHS publication sets out how the NHS Long Term Plan commitments for personalised care will be delivered. It introduces the comprehensive model for personalised care, comprising 6 evidence-based standard components, intended to improve health and wellbeing outcomes and quality of care, whilst also enhancing value for money. Implementation will be guided by delivery partnerships with local government, the voluntary and community sector and people with lived experience.

NHS England plans for personalised care to benefit up to 2.5 million people by 2024, giving them choice and control over their mental and physical health.

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Local Events & Activities | February - March

The Freedom Programme

The Freedom Programme - for women affected by or experiencing domestic abuse. Enfield Women's Centre (EWC) 12 week course on Thursdays 12.30 - 2.30pm. Start on any Thursday - course continues throughout the year on a rolling programme. To confirm attendance or refer someone email ginnie@enfieldwomen.org.uk or call EWC on 020 8351 8934

Tea & Chatter | iCan Service, Age UK

Tea and Chatter (.pdf) is launching at Edmonton Green Library providing peer support, enabling over 50s to build new connections & get support to improve their wellbeing.

22nd February, 10am – 12 noon & continues last Friday every month throughout 2019.
2 successful groups are already running at Ordnance Unity Centre Library and Enfield Central Library.
For more information on any of these 3 groups speak to or call a member of staff in the relevant library or call the iCan Project Navigator on 07 718 486 335.

Together We Are Enfield | Mayor of Enfield Theatre Production

26th February, 7pm. Millfield Theatre. The Mayor of Enfield, Cllr Saray Karakus has written a fun-packed theatre production - *Together We Are Enfield* - about Enfield and its history, to raise funds for the Mayor's Charity Appeal. Tickets are £10 each.

Wills, Trusts and Power of Attorney | Later Life Awareness Sessions | Age UK

27th February, 1-3pm at The Well-Being Centre, 110 Barrowell Green, Winchmore Hill, London, N21 3AY

29th March, 1-3pm at The Well-Being Centre (address as above)

More information or to book | Contact Kate Reader, Later life Advisor on 020 8375 4120 or email kate.reader@ageukenfield.org.uk

European Nationals' Rights post-Brexit | Information Event

28th February, 6pm. The Dugdale Centre, 39 London Rd, London, Enfield EN2 6DS.

Citizens Advice Enfield information event for European nationals about Brexit, explaining what they will need to do to acquire settled status once the UK has left the European Union. All European nationals are welcome, just come along. Tea and coffee will be provided and information will be given in English, Polish, Russian, Lithuanian and Albanian. Funded by Greater London Authority. For more information about this event contact Jill.Harrison@enfieldcab.org.uk

Palmers Green Mosque | Open Day

Open Day & Guided Tour | 3rd March, 2-6pm, Free refreshments. Car parking available. No need to book.

ECYPS Youth Forum

4th March, 6-7.30 pm. The Ark, 500 Montagu Road. Agenda & booking information

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Low Cost Training in London | Feb - May 2019

Small Charities Coalition

Small Charities Coalition run low cost training for members. Membership is free to groups with annual income under £1 million.

- Beginner's Guide to Data, Databases and Data Protection | 26th February, 9am – 1pm | £30
- Small Charity Communication Masterclass | 27th February, 10am – 1pm | £30
- Developing a Small Charity Fundraising Strategy | 12th March, 12 noon – 5pm | £30
- Basics of Brand Marketing - IBM Marketing Matters Workshop | 26th March, 10am – 4pm | £30
- Branding for Small Charity Boards | 4th April, 5.15 – 7.45pm | £30
- Selling Techniques - IBM Charity Skills Masterclass | 3rd May, 9.30am – 4.30pm | £30
- Essentials of Social Media - IBM Marketing Matters Workshop | 7th May, 10am – 4pm | £30

The FSI (Foundation for Social Improvement)

The FSI offer a range of online and face-to-face training & workshops for members. Membership is free to groups with annual income under £1 million.

- Engaging with Online Fundraisers and Influencers | 5th March, 9.45am – 4.30pm | £50
- An Introduction to Online Fundraising & Crowdfunding | 27th March, 9.45am – 1pm | £10 (£30 deposit)
- Creating and Delivering a Successful Crowdfunding Campaign | 27th March, 1.45 – 4.30pm | £10 (£30 deposit)
- The FSI Skills Conference - Build essential back-office skills | 28th March, 9.30am – 4.30pm | £25

Made of Money

Quaker Social Action (QSA) provides its Made of Money award winning programme at schools, children's centres & community groups for group sizes of 8 to 12 covering issues such as better budgeting, building your savings, understanding credit and debt, improving your communication about money, exploring your values and attitudes towards money, coping with consumer culture.

Or

Attend a workshop or training to develop skills to help your clients relieve the stresses and anxieties caused by money.

- Financial capability - Train the trainer | 2 day training | 12th / 13th March | Non-profit with annual income under £500,000 - £190 (Others - check prices on

website). If you support clients on a low income, this practical course will enable you to run QSA's financial capability course, as well as gain the skills and knowledge to incorporate financial education into your existing work.

Starting conversations about money | 2.5 hr. Workshop | 2nd April 2019 | £40

Personal Productivity Workshops | Free training for Charity leaders & managers

Smarter Not Harder are leadership & management experts, offering people working in UK charities free training to help develop skills and knowledge. Regular personal productivity training sessions on eg. coaching, setting expectations, managing performance, delegating, motivating others and time management (in a digital age). Find out more and book on forthcoming workshops.

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Free legal advice for small not-for-profit organisations.

The Not-for-Profits Programme from Law Works is for small not-for-profit organisations that cannot afford or would struggle to pay for legal advice for one-off issues. Law Works matches the organisation with a volunteer lawyer from its network of member law firms and in-house legal teams who can advise on that matter. Examples of matters volunteers can help with include drafting a contract, reviewing a lease, updating a constitution/articles, or, clarifying rights in a commercial dispute.

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Digital Leadership | Trustee Boards

The Charity Digital Code of Practice

The Charity Digital Code of Practice aims to help charities increase impact, develop skills and improve sustainability. The Codes uses the Co-op definition of digital | *"Applying the culture, practices, processes & technologies of the Internet era to respond to people's raised expectations".* It focuses on principles and best practice in digital.

Programme for Trustee Boards in London

Superhighways is launching a practical Digital Leadership 101 programme of training and advice for leaders of charities and community organisations across London.

The programme includes a series of workshops for trustee and director level networks, on-site training for trustee boards and one-off advice sessions. It will explore how small charity digital leaders can develop their organisation's digital capability within the framework of the Charity Digital Code of Practice.

You can express interest in training or advice, or book a free place on the workshop using the link below.

Digital Leadership 101 workshop | Book a FREE place | 7th March | 2.30 – 5pm

Tech Trust's 2019 Report

Tech Trust's annual whitepaper has revealed that charity trustee's IT skills are dropping, whilst the divide is deepening between charities making the most of digital to drive their mission, and those at the other end of the spectrum. The report reveals that 40% of charities consider their trustees' IT competence 'below average' – a significant increase from last year's 29%. The report warns that this skills gap could be detrimental to charities.

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Cyber Security on a Budget

With the ever rising use of cloud systems, online databases, and digital information, it's important to ensure your data & financial information are protected. This article from Ladbrook Insurance is a guide for small charitable and not-for-profit groups and lists 4 things you can do to improve your cyber security.

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Pilotlight | Free business support for charities.

Highly recommended by EVA Chief Executive, Jo Ikhelef, who has taken part over the past year.

Could your organisation be more effective, efficient and sustainable? Pilotlight supports ambitious charities and social enterprises to get to the next step in their development by connecting the charity and business worlds to create positive social change. Programmes enable organisations and their leaders to develop the strategic business skills needed to become more effective and sustainable. Partner organisations are asked to commit a certain amount of time – usually at least a day a month for the length of the engagement, though the more time an organisation can put in, the more it'll get out.

More information on becoming a Pilotlight Charity Partner.

Application deadline | 28th February

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Settled Status for EU Nationals

The settled status scheme (.gov.uk) is open to some EU citizens and their family members now. The scheme will open fully by 30th March 2019. The Prime Minister has announced there will be no fee when the scheme opens fully. The deadline for applying is 30th June 2021. The deadline for applying if the UK leaves the EU without a deal will be 31st December 2020.

Please also see European Nationals' Rights post-Brexit | Information Event in Enfield on 28th February.

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How funders can adapt to help small to medium voluntary organisations

The Institute for Voluntary Action Research (IVAR) has published a study Duty to Care? How to ensure grant-making helps and doesn't hinder looking at examples of funder practice from application to reporting. IVAR proposes actions and questions for funders to consider making adaptations to their grant-making practices in response to the circumstances and needs of small to medium voluntary organisations.

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Children & Young People

Young Minds Campaign | Mental health must be a priority in our schools

Young Minds have created this film as part of their wellbeing in schools campaign. The Wise Up campaign will focus on making wellbeing a priority in the Ofsted framework. In January, Ofsted published a new draft education inspection framework and launched a consultation.

Young Minds says "There are some good steps forward in the proposals, but some areas need strengthening. So we are encouraging people to take action and #TellOfsted what they think needs to change about school inspections. You can find out more about the changes that we think are needed in the framework in this blog."

Online Risks

Source | Charity Digital News A survey carried out by the NSPCC has found that nine out of ten parents want to see a social media regulator with legal powers to protect children from online risks. The survey findings back the NSPCC's recent report Taming the Wild West Web which sets out how a regulator would enforce a legal duty of care to children on social networks.

The government is due to publish an Online Harms White Paper, to set out expectations for companies to keep users, in particular children, safe.

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Have your say | Enfield's New Local Plan 2036 & Heritage Strategy 2019 - 2025

Local Plan 2036 Consultation

Have your say on Enfield's Local Plan 2036.

Making Enfield | Heritage Strategy Consultation

The Council are also consulting on Making Enfield, a new Heritage Strategy 2019 - 25 which will shape how we grow, make new places and enhance the areas we already have.

Deadline for responses to the Local Plan & the Heritage Strategy

5pm, Thursday 28th February 2019.

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The Big Lunch 2019

The Big Lunch 2019 | 1st -2nd June.

The Big Lunch brings people together to share food, have fun and get to know each other better.

Sign up now to receive your Big Lunch pack & get ideas and inspiration for ways you can bring your community together this year.

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EVA Funding Guide

This guide (.pdf) highlights and provides web links to funders which may be most suitable for applications from small community groups in Enfield. It outlines the main funding criteria, application deadlines, priorities, and how much you can apply for. Last updated February 2018.

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London-only Grants

National Park City Festival | London grants

£200 – £2000. The Mayor of London is working with the National Park City Foundation, other partners, and Londoners to make London the world's first National Park City this year. This will be marked on 20th -28th July by the National Park City Festival, celebrating London's outdoor spaces.

National Park City Festival Grants fund organisations that want to hold festival activities in their local area, particularly to attract audiences who traditionally under-use outdoor space. "We would love to hear your fantastic ideas for festival activities from sing-a-long trails and wildlife-hotel building workshops, to park parkour and canal paddle boarding."

Deadline | 5pm Friday 15th March. All activities must take place between 20th -28th July.

Culture Seeds | London Mayor Arts, Culture and Heritage projects

£1,000 - £5,000. Culture Seeds supports community-led cultural projects by grassroots organisations (annual turnover under £50,000). Priority projects will support people on lower incomes, and connect communities that lack access to cultural resources and funding. Read the Guidance Notes thoroughly to give yourself the best chance of being funded.

Deadline | 2 year rolling programme. Funding available until Spring 2020.

Sport Unites | London Mayor Sports Programme

Sport Unites is the Mayor's flagship community sports programme aimed at harnessing the power of sport to bring people from different backgrounds together – strengthening communities whilst improving physical and mental health. To find out more about funding opportunities, subscribe to the monthly update.

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Bright Ideas Fund

Up to £15,000. Bright Ideas Fund supports new community business ideas with a charitable purpose through the start-up and planning stages with tailored business support, to the implementation stage. The fund will open on 26th February 2019 and close on Tuesday 9th April 2019.

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Women First Fund

£10,000 to £15,000. The Smallwood Trust funds projects that demonstrate good practice in achieving outcomes for women on low incomes by building their skills, confidence and aspirations to enable them to enter into employment. The fund is open to charities, social enterprises and other non-profit organisations who have projects that support its mission of enabling women to become financially resilient. The Smallwood Trust fund existing projects that show evidence of good practice. Organisations can apply for grants of.

Deadline | 4th March

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EVA Services, staff and contact details

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Project Development and Funding Advice Manager

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Claire Buddle 020 8373 6337 evanews@enfieldva.org.uk

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