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EVANEWS 121
May 2019

Volunteers' Week 2019 | 1st – 7th June

Volunteers' Week is a chance to celebrate and say thank you for the fantastic contribution millions of volunteers make across the UK. It takes place 1st - 7th June every year and is an opportunity to celebrate volunteering in all its diversity. The Volunteers' Week website has lots of resources to help you celebrate your volunteers.

Let EVA know if you are doing something to celebrate your volunteers during Volunteers' Week – email evanews@enfieldva.org.uk, tag EVA on Twitter @evanewstweets, or post on our Facebook page & we will share it.

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Contract to provide support services to Enfield's VCS

We are very pleased to let you know EVA has been awarded Enfield Council's contract to provide support & capacity building services to Enfield's voluntary & community sector, & co-ordination of volunteering opportunities for Enfield residents, until end March 2021.

We are also currently funded by City Bridge Trust, until end Sept. 2019, to provide one-to-one support sessions, health & wellbeing events, and business planning workshops; and by Big Lottery Fund Reaching Communities, until end Sept. 2022, for Discover & Share, our accredited volunteer training programme for Enfield residents who are parents and / or carers of children.

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Knowledge, Skills, Expertise

EVA Training | May – June 2019

Our training aims to increase your confidence through enhanced skills so you are better able to make a difference. These fundamentals will also help increase your chances of successful fundraising. Good governance & management will help you to demonstrate & give confidence to funders that you can & will make a difference.

Click on the links provided for more information and to book.

Planning, Monitoring & Reporting Skills.

Monitoring & Evaluation | 14th May 2019, 10am – 1pm | £15* | Strong monitoring and evaluation has many benefits including the opportunity to learn from previous work to help you develop future projects, and providing all the information you need to record & report the difference you have made.

Project Planning | 23rd May 2019, 9.45am – 1pm | £15* | It is important to create a strong project plan to ensure your project is well run. This training will advise you on tools available and the key ingredients for project planning.

Reporting Impact Using Visual Tools | 11th June 2019, 9.45am – 1pm | £20 refundable deposit | Being able to report on the impact of your work is essential for fundraising. You can communicate complex data in a visual way. This training looks at using readily available 'infographic' tools to illustrate the difference you have made.

Use of infographics comes highly recommended by Mohammed Delwar Hossain from Enfield Bangladesh Welfare Association *""…. I have really enjoyed this time working on the info-graphic, I have learnt so much and it has given me a new skill and way of thinking. I have now uploaded the info-graphic onto our website under our impact and I am proud of this piece of work"*

Volunteer Management

Enfield Volunteer Organisers Network (EVON) | 18th June 2019 | FREE* | EVON is a FREE quarterly informal meeting for any local staff or volunteers who are responsible for volunteers, or for their organisation's volunteer programme.

Online booking.

1. The full training programme, course descriptions and online booking forms are on EVA's website, or
2. Click on the title of the course above to take you to the specific course description and booking form.

If you have any difficulty using the online booking system, please call 020 8373 6268 or email admin@enfieldva.org.uk

Cost & How to Pay

* Prices shown are for organisations providing 80% or more of their services to Enfield residents – (other organisations - please see booking forms for prices). Refundable deposits, where required, will be refunded on attendance at the

training. More information on our website.

Terms and Conditions

EVA Training Terms and Conditions are available on every training page and you will be asked to confirm that you have read and understood them when you book.

Bespoke Training

EVA can offer bespoke training for your organisation by arrangement.
Contact Jenny Budden | admin@enfieldva.org.uk or 020 8373 6268 to discuss your organisation's training needs.

EVA One to one support

EVA's Community Accountant, Sakeel Toraub, & Project Development & Funding Advice Manager, Kishore Kanani, can provide one-to-one support for your organisation to develop good governance, good financial management, and fundraising skills. Call EVA on 020 8373 6268 or email admin@enfieldva.org.uk if you would like to make an appointment.

FREE | Falls Prevention Training in Enfield

9.15 am – 12.30 pm,14th June 2019 at the Dugdale Centre.

This training (opens Word .docx) covers risk factors & assessment for falls and frailty; how to access Enfield Falls Services; exercise and self-care & a short session on infection control by Enfield Public health.. You will receive a resource pack with handy tips, guides and useful contacts. Funded by Enfield CEPN (Community Education Provider Network) & delivered by Age UK London and Age UK Enfield.

To book | Email Sharon Tynan stynan@ageuklondon.org.uk.

Small Charities Coalition Training

Small Charities Coalition run low cost training in London for members. Membership is free to groups with annual income under £1 million.

Better Impact Monitoring - How To Do More With Less | 21st May, 1 – 4pm | £30

A Beginner's Guide to Content Marketing for Small Charities | 22nd May, 10am -1pm | £30

Inspirational Leadership Workshop | 5th June, 10.30am – 5pm | £30

A Beginner's Guide to Budgeting | 11th June, 10am – 4pm | £30

Improving Your Trust Fundraising | 13th June, 10am – 4.30pm | £30

Google Ads for Small Charities - Next Steps | 15th July, 10am – 4pm | £30

The FSI (Foundation for Social Improvement) Training

The FSI offer a range of online and face-to-face training & workshops for members. Membership is free to groups with annual income under £1 million.

3 London training days - range of courses on fundraising, leadership & back office skills. | 14th, 15th, 16th May £10 (half day) or £20 (full day).

Mental Health First Aid | Accredited Training | £300

Thursday 27th & Friday 28th June 2019 | Community House, 311 Fore St. N9 0PZ | £300

Participants from all sectors will be welcomed. This training is for staff or volunteers from any organisation which wants to develop a new approach to mental health in the workplace. 12 places available. £300 per person.

EVA is hosting & providing administration for this comprehensive awareness and skills course, which includes a mix of presentations, discussions, and group work activities. Accreditation is provided by MHFA England.

Comments from previous participants at the Enfield course in January 2019 include *"Excellent training. Highly recommend it." "Brilliant. More people should be able to have this training." ".... although a heavy course, [the trainers] made it light hearted and were very sensitive to the groups' personal experiences." ".... expertly delivered by knowledgeable and engaging trainers. They created a great group atmosphere."*

More information and booking form.

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Increase your chances of successful fundraising

See EVA Training programme & EVA one to one support

Good governance & management will help you to demonstrate & give confidence to funders that you can & will make a difference. Our Project Development & Funding Advice Manager will also support you to make applications for funding.

Young Londoners Fund | Support to apply

Information day

Wednesday 22nd May, 2-5pm at Community House, Fore St. N9 0PZ with Seema Chandwani from Haringey & Enfield Youth Network. More information & to book for the Informastion Day.

Application course

This course only works if you attend all sessions - limited spaces so book now.

Group workshop 1 - Page by page application | Friday 31st May, 2-5pm, at ECYPS, The Ark, 500 Montagu Road, N9 0UR One to one surgeries - appointment based (to be agreed at Session One) | 14th June (30 - 45 mins slots)

Youth Dens - for young people to give feedback | w/c 17th June: - date and time to be confirmed.

Group workshop 2 - | Page by page application | Wednesday 3rd July, 2-5 pm at ECYPS, The Ark, 500 Montagu Road, N9

More informatioon & to book for the Application Course.

Any questions? | Email Shamima at ECYPS shamimaecyp@gmail.com

Big Lottery Fund Reaching Communities Funding Surgeries

Sophie Mathias, Big Lottery Fund Grants Officer, and Kishore Kanani, EVA Project Development & Funding Advice Officer, offer 1 hour one-to-one appointments for groups who would like to apply to the Reaching Communities programme. Sophie will discuss and review your Reaching Communities idea with you before you submit it.

Email Kishore k.kanani@enfieldva.org.uk or call him 020 8373 6357 with your outline idea if you would like to arrange an appointment on

Thursday 13th June

Tuesday 6th August

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Building Connections | ESOL Partnership opportunity | FREE Workshop 16th May

Together We Learn | ESOL Partnership

This project is an opportunity to develop a partnership with WEA, the adult education charity, to deliver 44 hours of free ESOL tuition for beginners (pre-Entry and Entry 1), supporting them to better understand and integrate more fully into their wider communities. The programme offers

12 hours of tutor-led engagement workshops focusing on participants' interests to boost confidence.

20 hours of focused ESOL tuition, led by a qualified tutor and supported by volunteers.

12 hours of volunteer-led community exploration, (eg.museums, parks, children's centres and libraries).

Progression routes into formal or accredited provision to continue to develop their English.

Opportunity for you to engage volunteers from your own local community.

FREE Workshop | 16th May 2019

EVA will be holding a free workshop with WEA on 16th May, 10.30am -12:30pm so you can learn more about the project and ask any questions you may have. More information &

simple booking form on our website.

Local services / activities

Zebras Community Cafe

Zebras Community Cafe - Fridays 10am-2pm at Vincent House, Nags Head Road Ponders End, EN3 7FN. The project provides work experience to disabled adults & students & affordable prices for local residents.

Find out more about Zebras' work

Citizen's Advice | Help for EU nationals to apply for settlement.

For EU nationals who want to remain in the UK after Brexit (.pdf), Citizen's Advice are holding a weekly Wednesday drop-in, 10am to 4pm, at Enfield Town library. No need to make an appointment. These weekly sessions will continue until after Christmas. Any enquiries - email info@enfieldcab.org.uk

Tai Chi Classes | Enfield Health & Wellbeing Centre

A range of Tai Chi & Balance Exercises to suit all abilities.

Vincent House, Ponders End | Mondays at 11am

Mount Carmel Parish Centre | Tuesdays at 11am and 1pm

Community House, Edmonton | Thursdays at 11.30am

St Georges Church Hall, Enfield | Fridays at 11am

First session free then then £3.50 pay as you go. Refreshments provided. For more information contact Jenny on 07 804 496 981

Promoting your Events / Festivals

Many Festivals and Events take place in our Borough. Take a look at the Enfield Festivals & Events website – Whats On and Facebook Events for the current line-up.

If you want your event listed / shared you can

1. email enfieldfestivals@gmail.com with information about your event.
2. if you have a Facebook Account
   a. Tag @EnfieldFestivals when you create your event on your Facebook page.
   b. Post information about your event in Enfield Festivals Facebook group (You will have to join the group).

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Do more with digital

How to understand & develop a digital strategy

This blog from Cassie Robinson, Head of Digital Grant Making at The National Lottery Community Fund is a great help when thinking about how to understand & develop a digital strategy.

2019 Charity Digital Skills Survey | Take part

This survey can provide a real picture of how the digital needs of the sector across the UK are changing. By sharing your views you'll qualify for a complimentary copy of The Charity Digital Skills Report which will help you benchmark where your organisation is at with digital against other charities, and stay ahead of the key trends. Closes midnight on 14th May.

Superhighways

Superhighways offers advice, training and IT support to help small charities and community organisations across London be more effective, raise their profile and demonstrate their impact using digital technology.

Cyber security for small charities: simple tips to stay safe online

Simple tips to stay safe online | Blog from Tom Watson, NAVCA Business & Comms. "Voluntary sector groups are using digital to support their work more often; from using online HR Systems, to online finance apps, social media to cloud data storage, but there are risks & we need to be sure that our systems are protected, that data is secure and that

the digital systems we increasingly rely upon will work when we need them most."

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Health and Wellbeing

Mental Health Awareness Week | 13th – 19th May 2019

The theme for Mental Health Awareness Week 2019 is Body Image. Body image issues can affect all of us at any age. During the week the Mental Health Foundation will be publishing new research, considering some of the reasons why body image can impact the way that we feel, campaigning for change, and publishing practical tools.

Follow the link above to find how to get involved & for resources, including posters, booklets, social media graphics, or a green ribbon pin badge - the international symbol for mental health awareness.

NHS England podcast | Teaming up with the voluntary sector to transform care

How can health and care systems make sure they involve local charities and social enterprises in the most effective way? This NHS England podcast looks at the benefits of voluntary sector involvement in health and care partnerships and what this means for clinicians and their patients.

FREE | Falls Prevention Training in Enfield

9.15 am – 12.30 pm,14th June 2019 at the Dugdale Centre. See above

All Party Parliamentary Group (APPG) on Adult Survivors of Childhood Sexual Abuse

The APPG's first inquiry 'Achieving quality information and support for survivors' gathered evidence on survivors' experiences of accessing support and the criminal justice system. 47% of survivors said specialist voluntary sector sexual abuse counselling is the single most important support service for victims after disclosure, but awareness of services is low.

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Children, Young People & Families

Young Londoners Fund | Support to apply

See above

Summer Sports Activity Fund | London

£5,000 to £10,000 to support projects that use sport over the school summer holidays to engage young people who are at risk of getting involved in crime. The Summer Sports Activity Fund uses funding from the Young Londoners Fund. Project delivery should be completed within 4-6 weeks in the school summer holidays. Application deadline | 20th May 2019.

BBC Children In Need | Emergency Essentials

Emergency Essentials supports children and young people who are facing exceptionally difficult circumstances, and is delivered by Family Fund Business Services. The programme provides items that meet a child's most basic needs such as a bed to sleep in, a cooker to provide a hot meal and other items or services critical to child's wellbeing.

Applications must be completed by a registered referrer who is part of an organisation that is supporting the family or young person and capable of assessing their needs. The referrer's organisation should also be able to administer and supervise the grant. Apply to register.

Children's Right 2 Food

The Children's Future Food Inquiry reports on the effects of food poverty on children, the effectiveness of current policies to address it, and what more can be done in the report Children's Right 2 Food. It estimates 2.5 million children were living in food poverty from 2014 – 2016. It discovered issues including brief school mealtimes; insufficient education about food; junk food advertising; the proliferation of fast food outlets near schools; and parents struggling to find the resources to feed their family. It recommends the creation of an independent watchdog for children's food.

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Funding, Awards & In Kind Support

EVA Funding Guide

This guide (.pdf) highlights and provides web links to funders which may be most suitable for applications from small community groups in Enfield. It outlines the main funding criteria, application deadlines, priorities, and how much you can apply for. Last updated February 2018.

Summer Sports Activity Fund | London

See above

Johnson Matthey | £500 awarded every month to Enfield community projects.

Do something with your group you've always wanted to do, but couldn't afford!

Johnson Matthey will donate £500 to one worthwhile community project in Enfield every month. Each month the applications are put forward for employee votes and the winner receives £500. No income limit, no deadline. Book a therapist for a day, buy plants for a sensory garden, give a group of carers a day out, buy books & toys for a children's group, hire transport for a trip to the theatre for people with disabilities, set up 'walking football' sessions, run a healthy cooking day etc. See EVA website for examples of projects already funded by Johnson-Matthey.

Apply using the application form on EVA's website.

Movement for Good

Movement for Good Charity Grant from Ecclesiastical offers 500 x £1,000 grants & 10 x £50,000 grants.

500 x £1000 awards picked at random.

> Anyone can nominate a registered charity to win a £1,000 award. The more nominations your charity gets, the more likely they are to win £1,000. The winners will be picked at random.
>
> Nominations end |17th May 2019.

BBC Children In Need | Emergency Essentials

Emergency Essentials supports children and young people who are facing exceptionally difficult circumstances, and is delivered by Family Fund Business Services. For details see above

Magic Little Grants

£500 for community groups (income under £250,000 pa) to deliver engaging physical activities, helping to overcome barriers to participation. Successful projects will support and inspire people to participate in sports and exercise with the primary aim of improving the physical health of participants. (Localgiving membership registration required - free annual membership funded by the Postcode Community Trust if you use the promo code in the membership payment section.)

Deadline | 30th November 2019

Helping EU Nationals to complete the online settled status registration form

We Are Digital provide funding for groups to provide staff / volunteers to help EU nationals & family members to fill out the online form (digital assistance only – not legal help - see below). There are currently no centres offering this support in Enfield so they are keen for local groups to apply.

Big Lottery Fund Reaching Communities

Kishore Kanani from EVA and Sophie Matthias, Grants Officer from Big Lottery Fund run monthly surgeries to support people who want to apply to this fund. See above for details.

Culture Seeds | London Mayor Arts, Culture and Heritage projects

£1,000 - £5,000. Culture Seeds supports community-led cultural projects by grassroots organisations (annual turnover under £50,000). Priority projects will support people on lower incomes, and connect communities that lack access to cultural resources and funding. Read the Guidance Notes thoroughly to give yourself the best chance of being funded.

Deadline | 2 year rolling programme. Funding available until Spring 2020.

Sport Unites | London Mayor Sports Programme

Sport Unites is the Mayor's flagship community sports programme aimed at harnessing the power of sport to bring people from different backgrounds together – strengthening communities whilst improving physical and mental health. To find out more about funding

opportunities, subscribe to the monthly update.

In Kind Direct

In Kind Direct distributes new, usable consumer goods to charities, not-for-profit organisations and social enterprises working in the UK and abroad. The supplies are donated by some of the UK's best known manufacturers and retailers.

To start ordering goods, register your organisation on the Catalogue page

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EVA Services, staff and contact details

Community Accountant

Sakeel Toraub FCCA 020 8373 6354 s.toraub@enfieldva.org.uk

Project Development and Funding Advice Manager

Kishore Kanani 020 8373 6357 k.kanani@enfieldva.org.uk

Volunteer Centre

Helen Price or Meera Vasudevan 020 8373 6348 volunteering@enfieldva.org.uk

EVANEWS

Claire Buddle 020 8373 6337 evanews@enfieldva.org.uk

All general enquiries and training bookings

Jenny Budden 020 8373 6268 admin@enfieldva.org.uk

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Email : evanews@enfieldva.org.uk

Website : www.enfieldva.org.uk

Twitter @evanewstweets

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